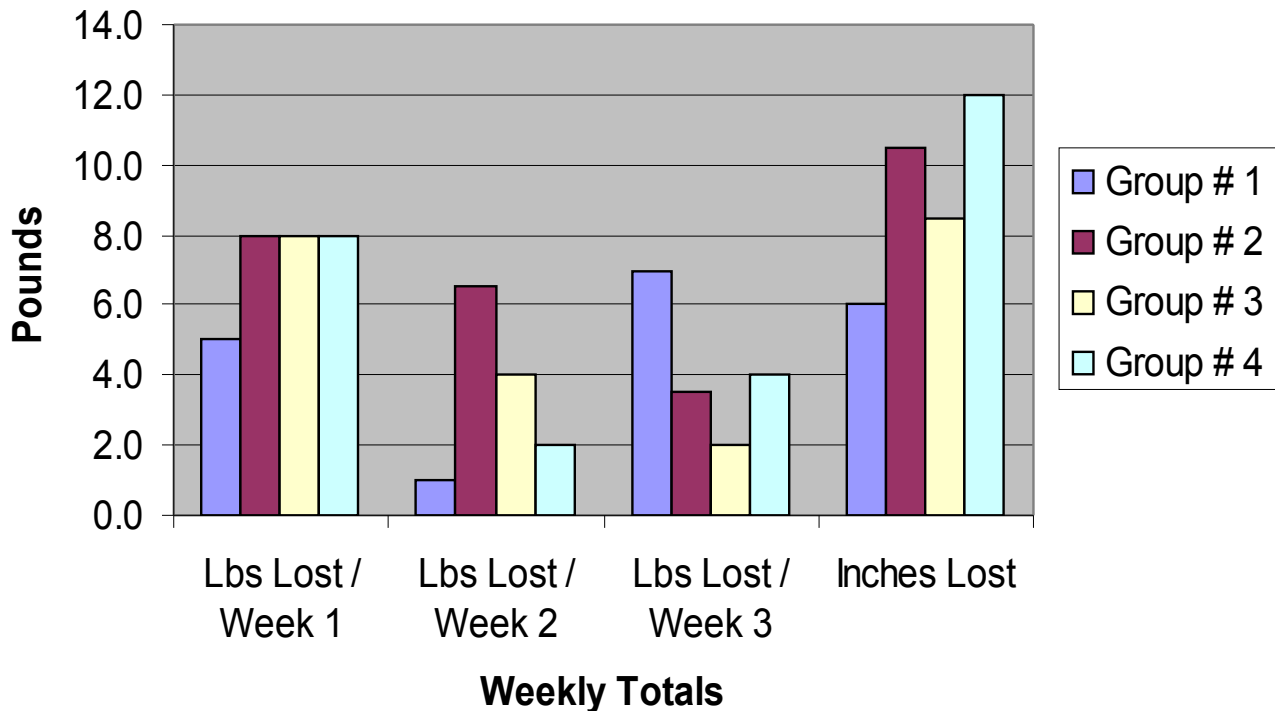


Oral HCG Study

Average Pounds and Inches Lost on 3 Week Oral HCG Program



Client Comments

- Client # 1:** **NEGATIVES:** Ongoing yeast infection and did not follow the diet properly; **POSITIVES:** no headaches, no heartburn, body fat improved, sleep improved, gained strength to eat better, body image improved a lot; wearing things she has not worn in years: **Client lost 7 pounds.**
- Client # 2:** **POSITIVES:** Left beef out of diet and found she lost more weight then expected. **Client lost 17 pounds and 10.5 inches.**
- Client # 3:** **POSITIVES:** Feels more rested upon waking up; by day 6 felt normal again after 3 years; day 7 she had a lot more energy and no hunger; day 8, a lot more energy; by day 13 her energy was still improving. **Client lost 14 pounds and 8.5 inches.**
- Client # 4:** **NEGATIVES:** Did not stay on the diet. **POSITIVES:** Consistent weight loss, body appearance greatly improved. **Client lost 14 pounds and 12 inches.**